

# 2007 COLORADO TRACK AND FIELD

## NCAA MIDWEST REGION TRACK & FIELD CHAMPIONSHIPS (MAY 25-26, 2007)



### Midwest Region History

#### Men

2003	t13th
2004	19th
2005	10th
2006	t16th
2007	???

#### Women

2003	11th
2004	20th
2005	9th
2006	t14th
2007	???

### Big 12 History

#### Men

1997	8th
1998	6th
1999	5th
2000	10th
2001	8th
2002	8th
2003	7th
2004	9th
2005	7th
2006	4th
2007	4th

#### Women

1997	4th
1998	7th
1999	6th
2000	6th
2001	10th
2002	6th
2003	8th
2004	9th
2005	9th
2006	10th
2007	10th

May 25-26, 2007

NCAA Midwest Regional Track & Field Championship  
 Drake University -- Des Moines, Iowa  
 Jim Duncan Track at Drake Stadium

### Events Below (Central Standard Time)

<b>Friday, May 25</b>	First Field Event (for CU)	1 p.m.	W Javelin (trials and finals)
	First Track Event (for CU)	2 p.m.	M 4x100-Relay (prelims)
<b>Saturday, May 26</b>	First Field Event (for CU)	3:45 p.m.	M Shot Put (trials and finals)
	First Track Event (for CU)	3 p.m.	M 4x100-Relay (finals)

**Let's Review...**The University of Colorado is gearing up for the 2007 NCAA Midwest Region Track and Field Championship, May 25-26. The Buffaloes are sending 17 individuals to participate in individual events and the men's 4x100 and 4x400-meter relay teams. CU has won three of the four women's 3,000-meter steeplechase crowns, as well as three of the men's 5k crowns in the four years of the meet's existence.

**Bufs At the Big 12 Outdoor Championship...**The Buffaloes earned four individual champions at the 2007 Big 12 Outdoor Track and Field Championships. Hannah Warfield-Ruffatto (javelin), Jenny Barringer (steeplechase), Billy Nelson (steeplechase) and Brent Vaughn (5k) all took top honors. The men finished fourth overall for the second straight year, while the women were 10th, also for the second straight year. Stephen Pifer was the men's high point scorer with a pair of runner-up finishes in the 1,500 and 5,000-meter runs for 16 points. Barringer led the women with 16 points, adding a third-place finish in the 5k. Zach Hazen set a school record in the hammer throw with a toss of 210-11 to take second in the event. He also placed eighth in the discus for nine points on the weekend.

### The Breakdown:

#### Women

Name	Events	Season Best	Personal Record
Jenny Barringer	Steeplechase	10:19.34	9:53.04 (school record)
Sara Ensrud	1,500 Meters	4:19.70	4:19.70
Hannah Warfield-Ruffatto	Javelin	167-11	167-11

#### Men

Name	Events	Season Best	Personal Record
Chris Abuan	400 Meters	47.01	46.96
Ryan Campbell	100 Meters	10.33	10.33
	200 Meters	20.78	20.78
Anthony Chiulli	1,500 Meters	3:44.75	3:42.54
Jeremy Dodson	200 Meters	20.64	20.64
Zach Hazen	Hammer Throw	210-11	210-11
Billy Nelson	Steeplechase	8:40.88	8:40.88
Kenyon Neuman	5,000 Meters	14:02.93	14:02.93
Stephen Pifer	1,500 Meters	3:41.77	3:40.70
Rob Thayer	1,500 Meters	3:47.72	3:47.72
Brent Vaughn	5,000 Meters	13:30.12	13:30.12
Ryan Willis	Shot Put	55-10.50	55-10.50

#### Relays

4x100 (39.85)	Dodson/Abuan/George Pincock/Campbell/Trae Plueger/Abe Friesen
4x400 (3:09.86)	Friesen/Campbell/Abuan/Pincock/Dodson/Chiulli

### Colorado has won seven individual Midwest Region titles since its inception in 2003.

Men's:	5,000 Meter Run	Ed Torres, 2003 Dathan Ritzenhein, 2004 Brent Vaughn, 2005
Women's:	3,000 Meter Steeplechase	Natalie Florence, 2003, 05 Jenny Barringer, 2006
	5,000 Meter Run	Sara (Gorton) Slattery, 2003, 05



**NCAA Midwest Regional Qualifiers**

**Men**

**100 Meters (10.50)**

- 6. Ryan Campbell - 10.36\*
- 13. Jeremy Dodson - 10.42

**200 Meters (21.19)**

- 2. Jeremy Dodson - 20.64
- 8. Ryan Campbell - 20.78

**400 Meters (47.20)**

- 21. Chris Abuan - 47.01

**800 Meters (3:47.80)**

- 8. Anthony Chiulli - 1:48.85

**1,500 Meters (3:47.80)**

- 3. Stephen Pifer - 3:41.77
- 7. Anthony Chiulli - 3:44.75
- 10. Brent Vaughn - 3:45.71
- 19. Rob Thayer - 3:47.71

**3,000 Meter Steeplechase (9:07.00)**

- 2. Billy Nelson - 8:40.88

**5,000 Meters - 14:12.00**

- 1. Brent Vaughn - 13:30.12
- 3. Stephen Pifer - 13:43.04
- 11. Billy Nelson - 14:02.61
- 12. Payton Batliner - 14:04.48
- 13. Kenyon Neuman - 14:04.93
- 15. Bradley Harkrader - 14:06.66

**Shot Put (55-01.50)**

- 19. Ryan Willis - 55-10.50

**Hammer Throw (182-05)**

- 4. Zach Hazen - 211-10

**4x100 Meter Relay (40.66)**

- 4. Dodson/Abuan/Pincock/Campbell - 39.85

**4x400 Meter Relay (3:10.00)**

- 33. Friesen/Campbell/Abuan/Pincock - 3:09.86

**Women**

**1,500 Meters (4:27.80)**

- 5. Sara Ensrud - 4:19.70
- 10. Jenny Barringer - 4:21.52
- 27. Liza Pasciuto - 4:27.25

**3,000 Meter Steeplechase (10:50.25)**

- 3. Jenny Barringer - 10:19.34

**5,000 Meters (16:52.00)**

- 2. Jenny Barringer - 15:48.24
- 3. Liza Pasciuto - 15:54.50

**Javelin (142-06)**

- 6. Hannah Warfield-Ruffatto - 167-11

**NCAA Provisional Qualifiers**

**Men**

**10,000 Meters (29:30.00)**

- Payton Batliner - 29:00.33

\*converted from altitude

**From an individual perspective, the Buffaloes have claimed 16 women's titles and 18 men's titles in Big 12 competition, including a CU record six overall five years ago...**

Men's:	1,500 Meter Run	Adam Goucher, 1998 Jorge Torres, 2002 Jared Scott, 2004 Stephen Pifer, 2006
	5,000 Meter Run	Adam Goucher, 1997, 98 Ron Roybal, 1999 Dathan Ritzenhein, 2002 Jorge Torres, 2003 Dathan Ritzenhein, 2004 Brent Vaughn, 2005, 07 Bret Schoolmeester, 2006
	3,000 Meter Steeplechase	Steve Stattery, 2001, 02 Pete Janson, 2006 Billy Nelson, 2007 Brent Vaughn, 2006
Women's:	10,000 Meter Run	Hannah Cooper, 2002
	100 Meter Hurdles	Shayne Wille, 1997
	1,500 Meter Run	Kara Grgas-Wheeler, 2000
	3,000 Meters	Shayne Wille, 1997
	3,000 Meter Steeplechase	Jennifer Smith, 1998 Lesley Higgins, 2002 Jenny Barringer, 2007
	5,000 Meter Run	Sara (Gorton) Slattery, 2002, 03, 05
	10,000 Meter Run	Jen Gruia, 1998 Tera Moody, 2000 Sara (Gorton) Slattery, 2005
	High Jump	Anna Magle, 2005
	Javelin	Hannah Warfield-Ruffatto, 2007
	Heptathlon	Heather Sterlin-Biglow, 1997

**Indoor and Outdoor...**Brent Vaughn won the Big 12 Indoor and Outdoor 5k crowns in 2007. He also accomplished this feat in 2005. Dathan Ritzenhein did it in 2004. Adam Goucher earned both conference crowns in 1995 and 98 and Mark Scrutton did it three times, 1980, 81, 82 and 83.

**The Man...The Myth..The Reality...**is that Mark Wetmore is a proven success in collegiate track & field coaching when it comes to his distance runners. Wetmore has guided nine athletes to 15 NCAA titles, including Olympians Adam Goucher (cross 1998, indoor 3k in 1997 and 1998, outdoor 5k in 1998) and Alan Culpepper (outdoor in 1996), Kara Grgas-Wheeler (2000 outdoor 3k, 5k and NCAA cross), Jodie Hughes (indoor 5k 2001), Sara (Gorton) Slattery (indoor 5k 2005, outdoor 10k 2005), Renee Metivier (indoor 3k 2005) and Jorge Torres in men's cross country in 2002, followed by Dathan Ritzenhein in 2003. The most recent addition was Jenny Barringer, who won the 3,000-meter steeplechase in 2006 as a true freshman. She recorded a school record of 9:53.04 in the victory.

# 2007 MEN'S OUTDOOR PERFORMANCE LIST (May 13)

does not reflect altitude conversions

## SEASON RESULTS

M 17	POTTS INVITATIONAL (Boulder)	NTS
M 24	at Rob Upton (Fort Collins, Colo.)	3/13
M 30-31	at Stanford Invitational (Stanford, Calif.)	NTS
M 31	at Tom Benich Classic (Greeley, Colo.)	NTS
A 7	COLORADO INVITATIONAL (Boulder)	CANCELLED
A 13	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 14	at Sun Angel Classic (Tempe, Ariz.)	NTS
A 20-21	at Oregon Invitational (Eugene, Ore.)	NTS
A 21	at Jack Christiansen Invitational (Fort Collins, Colo.)	6/18
A 28	at Wyoming Invitational (Laramie, Wyo.)	NTS
A 29	at Stanford Invitational (Palo Alto, Calif.)	NTS
M 4	at Ris Western/Air Force Twilight (AFA, Colo.)	NTS
M 11-13	at Big 12 Championships (Lincoln, Neb.)	4/12
M 25-26	at NCAA Midwest Regional (Des Moines, Iowa)	
J 6-9	at NCAA Championships (Sacramento, Calif.)	

## 3,000 M Steeplechase (9:07.00 regional qualifying standard; 8:26.45 cu)

8:40.88	rq/pr	Billy Nelson	Mt. Sac Relays (4/13/07)
9:07.98		Payton Batliner	Big 12 Outdoor (5/11-13/07)
9:52.98		Dan Edwards	Rob Upton Invite (3/24/07)

## 5,000 Meters (14:12.00 regional qualifying standard; 13:24.56 cu)

13:30.12	pr/rq	Brent Vaughn	Stanford Invite (4/29)
13:43.04	pr/rq	Stephen Pifer	Stanford Invite (4/29/07)
14:02.61	rq	Billy Nelson	Stanford Invite (3/31/07)
14:04.48	pr/rq	Payton Batliner	Stanford Invite (4/29/07)
14:04.93	pr/rq	Kenyon Neuman	Mt. Sac Relays (4/13/07)
14:06.66	pr/rp	Bradley Harkrader	Stanford Invite (4/29/07)
14:39.37		Chris Pannone	Mt. Sac Relays (4/13/07)
15:23.60		Greg Castro	Oregon Invite (4/21/07)

## 10,000 Meters (28:45.00 auto/29:30.00 provisional; 27:38.50 cu)

29:00.33	np	Payton Batliner	Stanford Invite (3/30/07)
31:38.45		Chris Pannone	Big 12 Outdoor (5/11-13/07)

## 4x100 Meter Relay (40.66 regional qualifying standard; 39.5 cu)

39.77	rq	no order listed	Wyoming Invite (4/28/07)
39.85	rq	Abuan/G.Pincock/Dodson/Terry	Sun Angel Invite (4/14/07)
40.05	rq	Pincock/Dodson/Abuan/Campbel	Big 12 Outdoor (5/13/07)

## 4x400 Meter Relay (3:10.00 regional qualifying standard; 3:05.16 cu)

3:09.76	rq	no order listed	Wyoming Invite (4/28/07)
3:09.86	rq	Friesen/Campbell/Abuan/Pincock	Big 12 Outdoor (5/13/07)
3:12.06		Terry/Dodson/G.Pincock/Abuan	TCU Invite (4/21/07)
3:16.54		Terry/G.Pincock/Friesen/Abuan	Potts Invitational (3/17/07)
3:27.63		Ryan/Buchanan/Thayer/Edwards	Potts Invitational (3/17/07)

## Mile Relay (3:11.20 regional qualifying standard)

## Long Jump (7.34/26-10.75 regional qualifying standard; 26-2.50 cu)

20-09.00		Mark Ebert	Ris Western/Air Force Twilight (5/4/07)
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## Shot Put (16.80/55-1.50 regional qualifying standard; 60-11.50 cu)

55-10.50	pr	Ryan Willis	Big 12 Outdoor (5/11-13/07)
43-01.50	pr	Patrick Bachmann	Potts Invitational (3/17/07)
41-06.00	pr	Chase Dukes	Tom Benich Invite (3/31/07)

## Hammer Throw (55.60/182-5 regional qualifying standard; 210-11 cu)

210-11	sr/rq/pr	Zach Hazen	Big 12 Outdoor (5/11-13/07)
180-04	pr	Ryan Willis	Potts Invitational (3/17/07)
160-01	pr	Chase Dukes	Ris Western/Air Force Twilight (5/4/07)

## Discus Throw (51.70/169-7 regional qualifying standard; 209-7 cu)

168-03		Zach Hazen	Big 12 Outdoor (5/11-13/07)
163-06		Patrick Bachmann	Wyoming Invitational (4/28/07)
162-10	pr	Ryan Willis	Wyoming Invitational (4/28/07)
145-02		Chase Dukes	Wyoming Invitational (4/28/07)

## Javelin (61.60/202-1 regional qualifying standard; 241-4.5 cu)

194-08	pr	Kevin Fasing	Jack Christiansen (4/21)
179-01	pr	Kevin Waldron	Ris Western/Air Force Twilight (5/4/07)
173-08	pr	Chase Dukes	Wyoming Invitational (4/28/07)

## Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
dec	mark earned during decathlon competition
*	not an NCAA event

## 100 Meters (10.50 regional qualifying standard; 10.0 cu)

10.33	pr/rq	Ryan Campbell	Tom Benich Invite (3/31/07)
10.34	w	Jeremy Dodson	TCU Invite (4/21/07)
10.41	rq	Jeremy Dodson	Wyoming Invite (4/28/07)
10.91		Trae Pflueger	Wyoming Invite (4/28/07)
11.33		Sam Pincock	Tom Benich Invite (3/31/07)
12.41		Skyler White-Brown	Potts Invitational (3/17/07)

## 110 Meter Hurdles (14.30 regional qualifying standard; 13.3 cu)

## 200 Meters (21.19 regional qualifying standard; 20.58 cu)

20.64	p/pr/rp	Jeremy Dodson	Big 12 Outdoor (5/11-13/07)
20.78	p/pr/rq	Ryan Campbell	Big 12 Outdoor (5/11-13/07)
21.22		George Pincock	Wyoming Invite (4/28/07)
21.53		Chris Abuan	Big 12 Outdoor (5/11-13/07)
22.32		Trae Pflueger	Sun Angel Invite (4/14/07)
22.40		Nate Terry	Sun Angel Invite (4/14/07)
22.70		Sam Pincock	Wyoming Invite (4/28/07)
25.40		Skyler White-Brown	Potts Invitational (3/17/07)

## 400 Meters (47.20 regional qualifying standard; 45.64 cu)

47.01	p	Chris Abuan	Big 12 Outdoor (5/11-13/07)
47.03	rq	George Pincock	Wyoming Invite (4/28/07)
48.19		Jeremy Dodson	Sun Angel Invite (4/14/07)
48.27		Nate Terry	Wyoming Invite (4/28/07)
48.36		Abe Friesen	Big 12 Outdoor (5/11-13/07)
51.36		Trae Pflueger	Sun Angel Invite (4/14/07)
52.92		John Euwema	Ris Western/Air Force Twilight (5/4/07)
53.39		Ben Ryan	Tom Benich Invite (3/31/07)

## 400 Meter Hurdles (52.51 regional qualifying standard; 49.66 cu)

## 800 Meter Run (1:50.40 regional qualifying standard; 1:46.47 cu)

1:48.85	p/pr	Anthony Chiulli	Big 12 Outdoor (5/11-13/07)
1:53.00		Ben Ryan	UCLA Invite (4/13/07)
1:53.04		Wil Buchanan	UCLA Invite (4/13/07)
1:54.90		Rob Thayer	Potts Invitational (3/17/07)
2:00.45		Chris Abuan	Potts Invitational (3/17/07)
2:00.78		Nate Terry	Potts Invitational (3/17/07)

## 1,500 Meter Run (3:47.80 regional qualifying standard; 3:39.74 cu)

3:41.77	rq	Stephen Pifer	Oregon Invite (4/20/07)
3:44.75	rq	Anthony Chiulli	Stanford Invite (4/29/07)
3:45.71	rq	Brent Vaughn	Mt. Sac Relays (4/13/07)
3:47.72	p/pr/rq	Rob Thayer	Big 12 Outdoor (5/11-13/07)
3:56.27		Daniel Kenney	Oregon Invite (4/21/07)
3:59.75	pr	Matt Herzl	Oregon Invite (4/21/07)
4:00.26	pr	Dan Edwards	Oregon Invite (4/21/07)
4:17.88		Greg Castro	Tom Benich Invite (3/31/07)
4:18.00		Wil Buchanan	Tom Benich Invite (3/31/07)

## 3,000 Meters\* (7:50.39 cu)

8:37.99		Payton Batliner	Potts Invitational (3/17/07)
8:54.27		Billy Nelson	Potts Invitational (3/17/07)

# 2007 MEN'S OUTDOOR PERFORMANCE LIST (May 13)

## CHRIS ABUAN

<b>200 Meters (21.36 pr)</b>		
21.53	p	Big 12 Outdoor (5/11-13/07)..... 19th
21.54		Sun Angel Invite (4/14) ..... 13th
21.67		Air Force Twilight Invite (5/4) ..... 6th
21.74		Wyoming Invite (4/28) ..... 6th
<b>400 Meters (46.96 pr)</b>		
47.01	p/rq	Big 12 Outdoor (5/11-13/07)..... 10th
47.38		Air Force Twilight Invite (5/4) ..... 3rd
47.44		Wyoming Invite (4/28) ..... 4th
47.63		Sun Angel Invite (4/14) ..... 15th
47.91		Rob Upton Invite (3/24) ..... 1st
49.13		Tom Benich Invite (3/31) ..... 2nd
49.38		TCU Invite (4/21) ..... 10th
<b>800 Meters (2:00.45 pr)</b>		
2:00.45	pr	Potts Invitational (3/17) ..... 14th

## PATRICK BACHMANN

<b>Shot Put (43-01.50 pr)</b>		
43-01.50	pr	Potts Invitational (3/17) ..... 8th
<b>Discus (163-06 pr)</b>		
163-06	pr	Wyoming Invite (4/28) ..... 8th
160-02		Big 12 Outdoor (5/11-13/07)..... 10th
156-06		Sacramento State Open (5/4) ..... 5th
155-10		Jack Christiansen Invite (4/21) ..... 6th
152-11		Potts Invitational (3/17) ..... 7th
152-06		Tom Benich Invite (3/31) ..... 11th
127-10		Rob Upton Invite (3/24) ..... 10th

## PAYTON BATLINER

<b>3000 Meters (8:33.75 pr)</b>		
8:37.99		Potts Invitational (3/17) ..... 1st
<b>Steeplechase (9:06.42 pr)</b>		
9:07.98		Big 12 Outdoor (5/11-13/07)..... 4th
<b>5,000 Meters (14:13.00 pr)</b>		
14:04.48	rq/pr	Stanford Invite (4/29) ..... 6th
14:26.05		Mt. Sac Relays (4/13) ..... 22nd
<b>10,000 Meters (29:00.33 pr)</b>		
29:00.33	pr/np	Stanford Invite (3/30) ..... 8th

## WIL BUCHANAN

<b>800 Meters (1:53.04 pr)</b>		
1:53.04	pr	UCLA Invite (4/13) ..... 5th
1:53.93		Potts Invitational (3/17) ..... 2nd
1:54.37		Air Force Twilight Invite (5/4) ..... 1st
1:56.12		Rob Upton Invite (3/24) ..... 1st
2:01.88		Wyoming Invite (4/28) ..... 7th
<b>1500 Meters (4:00.31 pr)</b>		
4:18.00		Tom Benich Invite (3/31) ..... 25th

## RYAN CAMPBELL

<b>100 Meters (10.33 pr)</b>		
10.33	rq/pr	Tom Benich Invite (3/31) ..... 2nd
10.33	rq	Wyoming Invite (4/28) ..... 2nd
10.50	rq/p	Big 12 Outdoor (5/11-13/07)..... 12th
10.62		Sun Angel Invite (4/14) ..... 6th
<b>200 Meters (20.85 pr)</b>		
20.78	pr/p/rq	Big 12 Outdoor (5/11-13/07)..... 6th
20.83	rq	Big 12 Outdoor (5/11-13/07)..... 4th
20.85	pr	Wyoming Invite (4/28) ..... 1st
21.47		TCU Invite (4/21) ..... 14th

## GREG CASTRO

<b>1500 Meters (4:17.73 pr)</b>		
4:17.88		Tom Benich Invite (3/31) ..... 24th
4:20.56		Potts Invitational (3/17) ..... 14th
<b>5000 Meters (15:23.60 pr)</b>		
15:23.60	pr	Oregon Invite (4/20) ..... 19th

## ANTHONY CHIULLI

<b>800 Meters (1:49.98 pr)</b>		
1:48.85	pr/p/rq	Big 12 Outdoor (5/11-13/07)..... 1st
1:49.79	rq	Big 12 Outdoor (5/11-13/07)..... 3rd
<b>1,500 Meters (3:42.54 pr)</b>		
3:44.75	rq	Stanford Invite (4/29) ..... 8th
3:49.55		Oregon Invite (4/20) ..... 11th

## JEREMY DODSON

<b>100 Meters (10.34 pr)</b>		
10.34	w	TCU Invite (4/21) ..... 6th
10.41	rq	Wyoming Invite (4/28) ..... 3rd
10.42	p/rq	Big 12 Outdoor (5/11-13/07)..... 9th
10.47	rq	Air Force Twilight Invite (5/4) ..... 1st
<b>200 Meters (20.64 pr)</b>		
20.64	pr/p/rq	Big 12 Outdoor (5/11-13/07)..... 2nd
20.66	rq	Big 12 Outdoor (5/11-13/07)..... 3rd
20.88		Air Force Twilight Invite (5/4) ..... 1st
<b>400 Meters (48.19)</b>		
48.19		Sun Angel Invite (4/14) ..... 20th

## CHASE DUKES

<b>Discus (145-02 pr)</b>		
145-02	pr	Wyoming Invite (4/28) ..... 15th
134-05		Potts Invitational (3/17) ..... 10th
132-04		Tom Benich Invite (3/31) ..... 22nd
<b>Javelin (173-08 pr)</b>		
173-08	pr	Wyoming Invite (4/28) ..... 6th
171-00		Jack Christiansen Invite (4/21) ..... 2nd
167-10		Potts Invitational (3/17) ..... 4th
166-11		Air Force Twilight Invite (5/4) ..... 2nd
<b>Hammer Throw (170-06 pr)</b>		
170-06	pr	Jack Christiansen Invite (4/21) ..... 6th
160-01		Air Force Twilight Invite (5/4) ..... 4th
153-11		Tom Benich Invite (3/30) ..... 13th
153-09		Wyoming Invite (4/28) ..... 11th
<b>Shot Put (41-06.00 pr)</b>		
41-06.00	pr	Tom Benich Invite (3/31) ..... 13th

## MARK EBERT

<b>Long Jump (20-09.00 pr)</b>		
20-09.00		Air Force Twilight Invite (5/4) ..... 4th
20-01.75		Jack Christiansen Invite (4/21) ..... 10th
19-09.50		Wyoming Invite (4/28) ..... 7th
19-07.00		Potts Invitational (3/17) ..... 5th

## DAN EDWARDS

<b>1500 Meters (4:00.26 pr)</b>		
4:00.26	pr	Oregon Invite (4/21) ..... 23rd
4:09.74		Potts Invitational (3/17) ..... 4th
<b>Steeplechase (9:34.10 pr)</b>		
9:34.10	pr	Big 12 Outdoor (5/11-13/07)..... 9th
9:52.98		Rob Upton Invite (3/24) ..... 2nd

## JOHN EUWEMA

<b>400 Meters (52.92 pr)</b>		
52.92	pr	Air Force Twilight Invite (5/4) ..... 12th
53.14		Wyoming Invite (4/28) ..... 20th
53.39		Jack Christiansen Invite (4/21) ..... 16th

## KEVIN FASING

<b>Javelin (194-08 pr)</b>		
194-08	pr	Jack Christiansen Invite (4/21) ..... 1st
194-03		Big 12 Outdoor (5/11-13/07)..... 5th
188-11		Potts Invitational (3/17) ..... 2nd
181-06		Wyoming Invite (4/28) ..... 5th

## ABE FREISEN

<b>200 Meters (22.09 pr)</b>		
22.09	pr	Jack Christiansen Invite (4/21) ..... 5th
22.31	p	Big 12 Outdoor (5/11-13/07)..... 24th
<b>400 Meters (48.36 pr)</b>		
48.36	pr/p	Big 12 Outdoor (5/11-13/07)..... 26th
48.76		Jack Christiansen Invite (4/21) ..... 4th
49.05		Wyoming Invite (4/28) ..... 10th
<b>400 Meter Hurdles (57.35 pr)</b>		

## BRADLEY HARKRADER

<b>5000 Meters</b>		
14:06.66	rq/pr	Stanford Invite (4/29) ..... 9th
14:24.41		Mt. Sac Relays (4/13) ..... 20th

# 2007 MEN'S OUTDOOR PERFORMANCE LIST (May 13)

## ZACH HAZEN

### Hammer Throw (210-11 pr/sr)

210-11 sr/rq/pr	Big 12 Outdoor (5/11-13/07)	2nd
200-09 rq	Tom Benich Invite (3/30)	2nd
192-09 rq	Jack Christiansen Invite (4/21)	2nd
192-03 rq	Potts Invitational (3/17)	1st
189-09 rq	Sacramento State Open (5/4)	4th
188-08 rq	Modesto Relays (5/5)	2nd
159-04	Rob Upton Invite (3/24)	11th

### Discus (174-06 pr)

168-03	Big 12 Outdoor (5/11-13/07)	8th
157-00	Jack Christiansen Invite (4/21)	5th
156-03	Wyoming Invite (4/28)	10th
154-05	Potts Invitational (3/17)	6th
151-11	Tom Benich Invite (3/31)	12th
151-00	Rob Upton Invite (3/24)	4th

## MATT HERZL

### 1500 Meters (3:59.75 pr)

3:59.75 pr	Oregon Invite-section B (4/21)	22nd
4:10.00	Tom Benich Invite (3/31)	13th
4:11.41	Potts Invitational (3/17)	5th

## DANIEL KENNEY

### 800 Meters (1:53.23 pr)

### 1,500 Meters (3:50.94 pr)

3:56.27	Oregon Invite-section B (4/21)	5th
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## BILLY NELSON

### 1500 Meters (3:52.93 pr)

3:52.93 pr	Stanford Invite (4/29)	
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### 3000 Meters

8:54.27	Potts Invitational (3/17)	3rd
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### Steeplechase (8:40.88 pr)

8:40.88	Mt. Sac Relays (4/13)	5th
8:47.89	Big 12 Outdoor (5/11-13/07)	1st

### 5000 Meters (13:58.91 pr)

14:02.61	Stanford Invite (3/31)	23rd
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## KENYON NEUMAN

### 800 Meters (1:55.83 pr)

### 1,500 Meters (3:50.60 pr)

3:53.70	Stanford Invite	
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### 5,000 Meters (14:02.93 pr)

14:02.93 pr/rq	Stanford Invite (3/31)	23rd
14:04.93 rq	Mt. Sac Relays (4/13)	2nd
14:52.14	Big 12 Outdoor (5/11-13/07)	11th

## CHRIS PANNONE

### 1,500 Meters (3:56.74 pr)

### 5,000 Meters (14:09.40 pr)

14:25.78	Stanford Invite (4/29)	23rd
14:39.37	Mt. Sac Relays (4/13)	27th

### 10,000 Meters (30:31.57 pr)

31:38.45	Big 12 Outdoor (5/11-13/07)	14th
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## TRAE PFLEUGER

### 100 Meters (10.91 pr)

10.91 pr	Wyoming Invite (4/28)	8th
10.99	Air Force Twilight Invite (5/4)	2nd
11.01 p	Big 12 Outdoor (5/11-13/07)	20th
11.05	Potts Invitational (3/17)	3rd
11.08	Rob Upton Invite (3/24)	2nd
11.14	Tom Benich Invite (3/31)	9th

### 200 Meters (22.05 pr)

22.05 pr/p	Big 12 Outdoor (5/11-13/07)	23rd
22.32 pr	Sun Angel Invite (4/14)	22nd
22.48	Potts Invitational (3/17)	7th
22.49	TCU Invite (4/21)	36th
22.65	Tom Benich Invite (3/31)	16th

### 400 Meters (51.36 pr)

51.36 pr	Sun Angel Invite (4/14)	31st
52.58	TCU Invite (4/21)	29th

## STEPHEN PIFER

### 800 Meter (1:50.43 pr)

### 1500 Meters (3:40.51 pr)

3:41.77 rq	Oregon Invite (4/20)	1st
3:42.16 rq	Big 12 Outdoor (5/11-13/07)	2nd
3:46.72 p/rq	Big 12 Outdoor (5/11-13/07)	1st

### 5000-Meters (13:43.04 pr)

13:43.04 pr	Stanford Invite (4/29)	15th
14:26.95	Big 12 Outdoor (5/11-13/07)	2nd

## GEORGE PINCOCK

### 200 Meters (20.92 pr)

21.22	Wyoming Invite (4/28)	4th
21.35	Potts Invitational (3/17)	2nd
21.41	Air Force Twilight Invite (5/4)	4th
21.45	Tom Benich Invite (3/31)	2nd
21.53 p	Big 12 Outdoor (5/11-13/07)	16th
21.54	Sun Angel Invite (4/14)	13th

### 400 Meters (46.88 pr)

47.03 rq	Wyoming Invite (4/28)	1st
47.19 rq	Air Force Twilight Invite (5/4)	2nd
47.23	Big 12 Outdoor (5/11-13/07)	14th
47.92	Sun Angel Invite (4/14)	17th
48.84	TCU Invite (4/21)	6th

## SAM PINCOCK

### 100 Meters (11.20 pr)

11.20 pr	Jack Christiansen Invite (4/21)	11th
11.33	Tom Benich Invite (3/31)	12th
11.34	Wyoming Invite (4/28)	16th
11.43	Potts Invitational (3/17)	6th

### 200 Meters (22.70 pr)

22.70 pr	Wyoming Invite (4/28)	20th
23.12	Tom Benich Invite (3/31)	24th
23.19	Potts Invitational (3/17)	13th
24.19	Jack Christiansen Invite (4/21)	26th

## BEN RYAN

### 400 Meters (53.39 pr)

53.39 pr	Tom Benich Invite (3/31)	17th
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### 800 Meters (1:53.00 pr)

1:53.00 pr	UCLA Invite (4/13)	4th
1:54.45	Potts Invitational (3/17)	4th
1:56.46	Jack Christiansen Invite (4/21)	9th
1:56.50	Wyoming Invite (4/28)	1st
1:57.51	Air Force Twilight Invite (5/4)	3rd
2:01.08	Tom Benich Invite (3/31)	6th

## NATE TERRY

### 200 Meters (21.86 pr)

22.40	Sun Angel Invite (4/14)	23rd
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### 400-Meters (47.29 pr)

48.27	Wyoming Invite (4/28)	8th
49.12	Sun Angel Invite (4/14)	28th
50.48	TCU Invite (4/21)	19th

### 800 Meters (2:00.78 pr)

2:00.78 pr	Potts Invitational (3/17)	15th
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## ROB THAYER

### 800 Meters (1:53.57 pr)

1:54.90	Potts Invitational (3/17)	5th
1:59.95	Wyoming Invite (4/28)	5th

### 1500 Meters (3:47.72 pr)

3:47.72 rq/pr/p	Big 12 Outdoor (5/11-13/07)	3rd
3:50.41	Big 12 Outdoor (5/11-13/07)	6th
3:58.16	Wyoming Invite (4/28)	1st

## BRENT VAUGHN

### 800 Meters (1:54.02 pr)

1:55.10	Jack Christiansen Invite (4/21)	6th
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### 1,500 Meters (3:44.38 pr)

3:45.71 rq	Mt. Sac Relays (4/13)	10th
3:47.92	Big 12 Outdoor (5/11-13/07)	4th
3:48.08 p	Big 12 Outdoor (5/11-13/07)	5th

### 5,000 Meters (13:30.12 pr)

13:30.12 pr	Stanford Invite (4/29)	2nd
14:21.46	Big 12 Outdoor (5/11-13/07)	1st

### 10,000 Meters (30:28.17 pr)

# 2007 MEN'S OUTDOOR PERFORMANCE LIST (May 13)

## KEVIN WALDRON

### Javelin (179-01 pr)

179-01	pr	Air Force Twilight Invite (5/4)	1st
166-10		Tom Benich Invite (3/31)	2nd
165-07		Potts Invitational (3/17)	5th
165-07		Jack Christiansen Invite (4/21)	5th
164-06		Rob Upton Invite (3/24)	1st
164-02		Big 12 Outdoor (5/11-13/07)	16th
163-02		Wyoming Invite (4/28)	7th

## SKYLAR WHITE-BROWN

### 100 Meters (12.41 pr)

12.41	pr	Potts Invitational (3/17)	9th
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### 200 Meters (25.40 pr)

25.40	pr	Potts Invitational (3/17)	15th
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## RYAN WILLIS

### Hammer Throw (180-04 pr)

180-04	pr	Potts Invitational (3/17)	2nd
170-00		Jack Christiansen Invite (4/21)	9th

### Shot Put (55-10.50 pr)

55-10.50	pr	Big 12 Outdoor (5/11-13/07)	6th
54-03.75		Potts Invitational (3/17)	1st
52-01.75		Tom Benich Invite (3/31)	4th
51-03.00		Rob Upton Invite (3/24)	1st
49-05.00		Sacramento State Open (5/4)	4th
49-02.50		Wyoming Invite (4/28)	7th

### Discus (162-10 pr)

162-10	pr	Wyoming Invite (4/28)	9th
159-05		Tom Benich Invite (3/31)	6th
157-04		Potts Invitational (3/17)	4th
156-01		Big 12 Outdoor (5/11-13/07)	12th
155-00		Jack Christiansen Invite (4/21)	8th
150-00		Sacramento State Open (5/4)	6th
147-01		Rob Upton Invite (3/24)	5th

# 2007 WOMEN'S OUTDOOR PERFORMANCE LIST (May 13)

## SEASON RESULTS

M 17	POTTS INVITATIONAL (Boulder) .....	NTS
M 24	at Rob Upton (Fort Collins, Colo.) .....	4/13
M 30-31	at Stanford Invitational (Stanford, Calif.) .....	NTS
M 31	at Tom Benich Classic (Greeley, Colo.) .....	NTS
A 7	COLORADO INVITATIONAL (Boulder) .....	CANCELLED
A 13	at Mt. SAC Relays (Walnut, Calif.) .....	NTS
A 14	at Sun Angel Classic (Tempe, Ariz.) .....	NTS
A 20-21	at Oregon Invitational (Eugene, Ore.) .....	NTS
A 21	at Jack Christiansen Invitational (Fort Collins, Colo.) .....	3/14
A 28	at Wyoming Invitational (Laramie, Wyo.) .....	NTS
A 29	at Stanford Invitational (Palo Alto, Calif.) .....	NTS
M 4	at Ris Western/Air Force Twilight (AFA, Colo.) .....	NTS
M 11-13	at Big 12 Championships (Lincoln, Neb.) .....	10/12
M 25-26	at NCAA Midwest Regional (Des Moines, Iowa) .....	
J 6-9	at NCAA Championships (Sacramento, Calif.) .....	

### 100 Meters (11.75 regional qualifying standard; 11.65 cu)

12.75	Jackie Sturm .....	Rob Upton Invite (3/24/07)
12.83	Veronica Maul .....	Ris Western/Air Force Twilight (5/4/07)
13.12	pr Blayne Kelly .....	Potts Invitational (3/17/07)

### 100 Meter Hurdles (13.92 regional qualifying standard; 12.98)

14.46	Blayne Kelly .....	Jack Christiansen Invite (4/21/07)
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### 200 Meters (23.96 regional qualifying standard; 23.86 cu)

25.18	Chelsea Haverty .....	Potts Invitational (3/17/07)
25.07	p/pr Veronica Maul .....	Big 12 Outdoor (5/11-13/07)
25.88	Jackie Sturm .....	Wyoming Invite (4/28/07)
27.08	Sasha Abuan .....	Wyoming Invite (4/28/07)
27.66	Mikaela Raddatz ..	Jack Christiansen Invite (4/21/07)
29.72	Dani Rodriguez .....	Potts Invitational (3/17/07)

### 400 Meters (54.61 regional qualifying standard; 54.22 cu)

55.80	pr Veronica Maul .....	Wyoming Invite (4/28/07)
57.52	p/pr Chelsea Haverty .....	Big 12 Outdoor (5/11-13/07)
59.25	Sara Ensrud .....	Potts Invitational (3/17/07)
59.49	Sasha Abuan .....	Wyoming Invite (4/28/07)
60.82	Jackie Sturm .....	Wyoming Invite (4/28/07)
62.90	Mikaela Raddatz ..	Jack Christiansen Invite (4/21/07)
65.01	Dani Rodriguez .....	Tom Benich Invite (3/31/07)

### 400 Meter Hurdles (1:00.82 regional qualifying standard; 57.77 cu)

63.75	Blayne Kelly .....	Big 12 Outdoor (5/11-13/07)
65.00	Sara Price .....	Potts Invitational (3/17/07)
67.56	Troi Smith .....	Potts Invitational (3/17/07)
68.70	Mikaela Raddatz .....	Potts Invitational (3/17/07)

### 800 Meter Run (2:09.80 regional qualifying standard; 2:03.7 cu)

2:19.17	Dani Rodriguez .....	UCLA Invite (4/13/07)
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### 1,500 Meter Run (4:27.80 regional qualifying standard; 4:10.81 cu)

4:19.70	pr/rq Sara Ensrud .....	Stanford Invite (4/29/07)
4:21.52	pr/rq Jenny Barringer .....	Mt. Sac Relays (4/13/07)
4:27.25	pr/rq Liza Pasciuto .....	Mt. Sac Relays (4/13/07)
4:45.13	pr Dani Rodriguez ...	Jack Christiansen Invite (4/21/07)
5:02.92	pr Rachel Gioscia .....	Tom Benich Invite (3/31/07)
5:05.08	Becca Culbertson	Jack Christiansen Invite (4/21/07)
5:09.30	Candace Alai .....	Potts Invitational (3/17/07)
5:26.77	Blair Snyder .....	Potts Invitational (3/17/07)

### 3,000 Meters\* (8:54.22 cu)

10:29.86	Erin Marston .....	Potts Invitational (3/17/07)
10:46.50	Hilary McClendon .....	Potts Invitational (3/17/07)
10:48.97	Anna Chase .....	Potts Invitational (3/17/07)
11:10.46	Rachel Gioscia .....	Potts Invitational (3/17/07)

### 3,000 M Steeplechase (10:50.25 regional qualifying standard; 9:53.04 cu)

10:19.34	Jenny Barringer .....	Big 12 Outdoor (5/11-13/07)
11:18.91	pr Sara Ensrud .....	Rob Upton Invite (3/24/07)
11:41.52	pr Hilary McClendon .....	Tom Benich Invite (3/31/07)

### 5,000 Meters (16:52.00 regional qualifying standard; 15:24.97 cu)

15:48.24	Jenny Barringer .....	Stanford Invite (4/29/07)
15:54.50	pr/rq Liza Pasciuto .....	Stanford Invite (3/31/07)
17:51.86	Erin Marston .....	Mt. Sac Relays (4/13/07)
18:18.79	Anna Chase .....	Jack Christiansen Invite (4/21/07)
19:21.89	Rachel Gioscia ....	Jack Christiansen Invite (4/21/07)

### 10,000 Meters (33:30.00 auto/35:00.00 provisional; 32:50.80 cu)

35:58.54	pr Erin Marston .....	Stanford Invite (3/30/07)
38:11.23	Anna Chase .....	Big 12 Outdoor (5/11-13/07)

### 4x100 Meter Relay (45.70 regional qualifying standard; 44.95 cu)

48.05	.....	Jack Christiansen Invite (4/21/07)
48.11	Sturm/Maul/Kelly/Haverty	Potts Invitational (3/17/07)

### 4x400 Meter Relay (3:42.00 regional qualifying standard; 3:33.07 cu)

3:53.02	no order listed .....	Wyoming Invite (4/28/07)
3:54.32	Maul/Haverty/Kelly/Ensrud .....	Big 12 Outdoor (5/11-13/07)
3:56.81	Price/Haverty/Smith/Maul	Potts Invitational (3/17/07)
3:57.47	.....	Jack Christiansen Invite (4/21/07)
4:01.62	Sturm/Abuan/Pasciuto/Raddatz .....	Potts Invitational (3/17/07)

### Mile Relay (3:43.20 regional qualifying standard; 3:45.53 cu)

### Long Jump (6.00/19-08.25 regional qualifying standard; 20-10.50 cu)

19-07.50	Amberly Casey .....	Mt. Sac Relays (4/13/07)
18-01.00	Chelsea Haverty .....	Potts Invitational (3/17/07)

### Triple Jump (12.32/40-5 regional qualifying standard; 40-11.5 cu)

40-00.00	Amberly Casey .....	Wyoming Invite (4/28/07)
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### High Jump (1.75/5-8.75 regional qualifying standard; 6-3 cu)

### Shot Put (14.30/46-11 regional qualifying standard; 54-6 cu)

42-04.75	pr Kaitlin Kark .....	Jack Christiansen Invite (4/21/07)
41-03.25	Chynna McCall .....	Tom Benich Invite (3/31/07)

### Hammer Throw (54.15/177-7.50 regional qualifying standard; 196-10 cu)

145-11	Kaitlin Kark .....	Rob Upton Invite (3/24/07)
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### Javelin (43.45/142-6 regional qualifying standard; 169-5 cu)

167-11	rq/pr Hannah Warfield-Ruffatto ....	Wyoming Invite (4/28/07)
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### Discus Throw (47.30/155-2 regional qualifying standard; 181-7 cu)

142-02	Kaitlin Kark .....	Potts Invitational (3/17/07)
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### Pole Vault (3.80/12-5.50 regional qualifying standard; 12-4 cu)

### Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event

# 2007 WOMEN'S OUTDOOR PERFORMANCE LIST (May 13)

## SASHA ABUAN

<b>200 Meters (27.08 pr)</b>		
27.08	pr	Wyoming Invite (4/28) ..... 14th
27.66		Jack Christiansen Invite (4/21) ..... 20th
<b>400 Meters (59.49 pr)</b>		
59.49	pr	Wyoming Invite (4/28) ..... 9th
60.90		Jack Christiansen Invite (4/21) ..... 12th
61.01		Air Force Twilight Invite (5/4) ..... 4th
62.39		Potts Invitational (3/17) ..... 6th
64.33		Rob Upton Invite (3/24) ..... 10th

## CANDACE ALAI

<b>1500 Meters (5:09.30 pr)</b>		
5:09.30	pr	Potts Invitational (3/17) ..... 7th
5:10.92		Jack Christiansen Invite (4/21) ..... 15th

## JENNY BARRINGER

<b>800 Meters (2:14.49 pr)</b>		
<b>1500 Meters (4:21.52 pr)</b>		
4:21.52	rq/pr	Mt. Sac Relays (4/13) ..... 2nd
<b>3000 Meter Steeplechase (9:53.04 pr/sr)</b>		
10:19.34		Big 12 Outdoor (5/11-13/07) ..... 1st
<b>5000 Meters (15:48.24 pr)</b>		
15:48.24	rq/pr	Stanford Invite (4/29) ..... 4th
16:59.92		Big 12 Outdoor (5/11-13/07) ..... 3rd

## AMBERLY CASEY

<b>Long Jump (19-08.75 pr)</b>		
19-07.50		Mt. Sac Relays (4/13) ..... 1st
19-05.50		Big 12 Outdoor (5/11-13/07) ..... 11th
19-04.00		Wyoming Invite (4/28) ..... 2nd
19-03.50		Air Force Twilight Invite (5/4) ..... 1st
19-00.75		Jack Christiansen Invite (4/21) ..... 4th
<b>Triple Jump (40-00.00 pr)</b>		
40-00.00	pr	Wyoming Invite (4/28) ..... 2nd
39-10.00		Big 12 Outdoor (5/11-13/07) ..... 20th
39-01.00		Jack Christiansen Invite (4/21) ..... 2nd
38-06.75		Air Force Twilight Invite (5/4) ..... 1st

## ANNA CHASE

<b>3,000 Meters (10:48.97 pr)</b>		
10:48.97	pr	Potts Invitational (3/17) ..... 6th
<b>5,000 Meters (18:18.79 pr)</b>		
18:18.79	pr	Jack Christiansen Invite (4/21) ..... 2nd
<b>10,000 Meters (38:11.23 pr)</b>		
38:11.23	pr	Big 12 Outdoor (5/11) ..... 11th

## BECCA CULBERTSON

<b>1500 Meters (5:05.08 pr)</b>		
5:05.08	pr	Jack Christiansen Invite (4/21) ..... 11th
5:09.18		Wyoming Invite (4/28) ..... 11th
5:10.21		Potts Invitational (3/17) ..... 8th
5:17.85		Tom Benich Invite (3/31) ..... 18th

## SARA ENSRUD

<b>400 Meters (59.25 pr)</b>		
59.25	pr	Potts Invitational (3/17) ..... 3rd
<b>1,500 Meters (4:19.70 pr)</b>		
4:19.70	rq/pr	Stanford Invite (4/29) ..... 12th
4:26.24	rq	Mt. Sac Relays (4/13) ..... 1st
4:27.13	p/rq	Big 12 Outdoor (5/11-13/07) ..... 3rd
4:29.86		Big 12 Outdoor (5/11-13/07) ..... 3rd
4:40.04		Potts Invitational (3/17) ..... 3rd
<b>Steeplechase (11:18.91 pr)</b>		
11:18.91	pr	Rob Upton Invite (3/24) ..... 1st

## RACHEL GIOSCIA

<b>1500 Meters (5:02.92 pr)</b>		
5:02.92	pr	Tom Benich Invite (3/31) ..... 10th
5:05.76		Wyoming Invite (4/28) ..... 9th
<b>3,000 Meters (11:10.46 pr)</b>		
11:10.46	pr	Potts Invitational (3/17) ..... 8th
<b>5,000 Meters (19:21.89 pr)</b>		
19:21.89	pr	Jack Christiansen Invite (4/21) ..... 6th

## CHELSEA HAVERTY

<b>200 Meters (25.18 pr)</b>		
25.18	pr	Potts Invitational (3/17) ..... 4th
25.24		Wyoming Invite (4/28) ..... 4th
25.42		Jack Christiansen Invite (4/21) ..... 5th
25.49	p	Big 12 Outdoor (5/11-13/07) ..... 27th
26.11		Sun Angel Invite (4/14) ..... 15th
<b>400 Meters (57.00 pr)</b>		
57.00	pr	Air Force Twilight Invite (5/4) ..... 1st
57.52	p	Big 12 Outdoor (5/11-13/07) ..... 14th
58.08		Sun Angel Invite (4/14) ..... 13th
<b>Long Jump (18-01.00 pr)</b>		
18-01.00	pr	Potts Invitational (3/17) ..... 1st
17-07.75		Wyoming Invite (4/28) ..... 6th

## KAITLIN KARK

<b>Shot Put (42-04.75)</b>		
42-04.75	pr	Jack Christiansen Invite (4/21) ..... 5th
42-03.25		Tom Benich Invite (3/31) ..... 2nd
39-11.50		Potts Invitational (3/17) ..... 2nd
39-06.00		Rob Upton Invite (3/24) ..... 3rd
<b>Discus (142-02 pr)</b>		
142-02	pr	Potts Invitational (3/17) ..... 3rd
139-03		Tom Benich Invite (3/31) ..... 6th
138-10		Jack Christiansen Invite (4/21) ..... 8th
131-10		Rob Upton Invite (3/24) ..... 3rd
<b>Hammer Throw (145-11 pr)</b>		
145-11	pr	Rob Upton Invite (3/24) ..... 7th
144-01		Potts Invitational (3/17) ..... 5th
139-06		Tom Benich Invite (3/30) ..... 8th

## BLAYNE KELLY

<b>100 Meters (13.12 pr)</b>		
13.12	pr	Potts Invitational (3/17) ..... 5th
<b>100 Meter Hurdles (14.76 pr)</b>		
14.46	pr	Jack Christiansen Invite (4/21) ..... 7th
14.76		Potts Invitational (3/17) ..... 4th
14.89	p	Big 12 Outdoor (5/11-13/07) ..... 13th
<b>400 Meter Hurdles (63.75 pr)</b>		
63.75	p/pr	Big 12 Outdoor (5/11-13/07) ..... 14th
64.50		Jack Christiansen Invite (4/21) ..... 5th
65.03		Air Force Twilight Invite (5/4) ..... 1st

## ERIN MARSTON

<b>1,500 Meters (4:59.21 pr)</b>		
<b>3,000 Meters (10:29.86 pr)</b>		
10:29.86	pr	Potts Invitational (3/17) ..... 3rd
<b>5,000 Meters (17:51.86 pr)</b>		
17:51.86	pr	Mt. Sac Relays (4/13) ..... 14th
19:27.29		Big 12 Outdoor (5/11-13/07) ..... 21st
<b>10,000 Meters (35:58.54 pr)</b>		
35:58.54	pr	Stanford Invite (3/30) ..... 18th
36:27.97		Big 12 Outdoor (5/11-13/07) ..... 4th

## VERONICA MAUL

<b>100 Meters (12.83 pr)</b>		
12.83	pr	Air Force Twilight Invite (5/4) ..... 2nd
<b>200 Meters (25.07 pr)</b>		
25.07	p/pr	Big 12 Outdoor (5/11-13/07) ..... 24th
25.62		Sun Angel Invite (4/14) ..... 14th
<b>400 Meters (55.80 pr)</b>		
55.80	pr	Wyoming Invite (4/28) ..... 2nd
57.04		Jack Christiansen Invite (4/21) ..... 4th
57.19	p	Big 12 Outdoor (5/11-13/07) ..... 13th
57.22		Sun Angel Invite (4/14) ..... 12th
57.37		Potts Invitational (3/17) ..... 2nd
58.80		Rob Upton Invite (3/24) ..... 2nd

# 2007 WOMEN'S OUTDOOR PERFORMANCE LIST (May 13)

## CHYNNA McCALL

### Shot Put (41-03.25 pr)

41-03.25	pr	Tom Benich Invite (3/31)	3rd
40-03.50		Air Force Twilight Invite (5/4)	3rd
40-01.25		Jack Christiansen Invite (4/21)	7th
39-07.75		Potts Invitational (3/17)	4th
39-02.25		Wyoming Invite (4/28)	2nd
38-04.75		Rob Upton Invite (3/24)	4th

## HILARY McCLENDON

### 3,000 Meters (10:46.50 pr)

10:46.50	pr	Potts Invitational (3/17)	5th
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### Steeplechase (11:41.52 pr)

11:41.52	pr	Tom Benich Invite (3/31)	3rd
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## LIZA PASCIUTO

### 800 Meters (2:15.05 pr)

### 1,500 Meters (4:25.91 pr)

4:27.25	rq	Mt. Sac Relays (4/13)	15th
4:35.62		Potts Invitational (3/17)	2nd

### 5,000 Meters (15:54.50 pr)

15:54.50	pr/rq	Stanford Invite (3/31)	6th
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## SARA PRICE

### 400 Meter Hurdles (65.00 pr)

65.00	pr	Potts Invitational (3/17)	3rd
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## MIKAELA RADDATZ

### 200 Meters

27.66		Jack Christiansen Invite (4/21)	20th
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### 400 Meters

62.90		Wyoming Invite (4/28)	14th
63.74		Jack Christiansen Invite (4/21)	18th

### 400 Meter Hurdles (68.70 pr)

68.70	pr	Potts Invitational (3/17)	8th
70.66		Rob Upton Invite (3/24)	9th
71.64		Air Force Twilight Invite (5/4)	3rd

## DANI RODRIGUEZ

### 200 Meters (29.72 pr)

29.72	pr	Potts Invitational (3/17)	14th
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### 400 Meters (65.01 pr)

65.01	pr	Tom Benich Invite (3/31)	13th
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### 800 Meters (2:19.28 pr)

2:19.28	pr	Potts Invitational (3/17)	2nd
2:19.61		Rob Upton Invite (3/24)	2nd
2:20.45		Jack Christiansen Invite (4/21)	3rd
2:21.83		Wyoming Invite (4/28)	1st
2:22.62		Air Force Twilight Invite (5/4)	1st

### 1500 Meters (4:45.13 pr)

4:45.13	pr	Jack Christiansen Invite (4/21)	3rd
4:45.21		Big 12 Outdoor (5/11-13/07)	16th
4:45.40		Wyoming Invite (4/28)	1st
4:45.87		Tom Benich Invite (3/31)	3rd

## TROI SMITH

### 400 Meter Hurdles (67.56 pr)

67.56	pr	Potts Invitational (3/17)	5th
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## BLAIR SNYDER

### 1500 Meters (5:27.03 pr)

5:27.03	pr	Jack Christiansen Invite (4/21)	24th
5:33.17		Wyoming Invite (4/28)	15th

## JACKIE STURM

### 100 Meters (12.4 pr)

12.75		Rob Upton Invite (3/24)	2nd
12.91		Jack Christiansen Invite (4/21)	9th
12.98		Potts Invitational (3/17)	4th

### 200 Meters (25.48 pr)

25.88		Wyoming Invite (4/28)	6th
26.12		Potts Invitational (3/17)	6th
26.61		Jack Christiansen Invite (4/21)	10th

### 400 Meters (58.09 pr)

60.82		Wyoming Invite (4/28)	13th
61.51		Air Force Twilight Invite (5/4)	5th

### Javelin (106-0 pr)

## HANNAH WARFIELD-RUFFATTO

### Javelin (167-11 pr)

167-11	rq/pr	Wyoming Invite (4/28)	1st
167-04	rq	Montana State Invitational (4/14)	1st
161-05	rq	Potts Invitational (3/17)	2nd
161-01	rq	Big 12 Outdoor (5/11-13/07)	1st
157-07	rq	Tom Benich Invite (3/31)	1st
157-03	rq	Jack Christiansen Invite (4/21)	1st
156-01		Rob Upton Invite (3/24)	1st
152-11		Sacramento State Open (5/4)	2nd